



**PRIMARY PREP ACADEMY  
MENU  
March 2010**



**Milk and Bread/Toast are served with all meals. 100% juice is served with all snacks.**

WEEK	MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>March 1-5</b>	<i>BREAKFAST</i>	French Toast Sticks Oranges	Hot Biscuits Pears	Waffles w/Syrup Peaches	Mini-Bagels Applesauce	Blueberry Muffins Pineapple
	<i>AM SNACK</i>	Trail Mix	Wheat Thins	Van Wafers & Bananas	String Cheese & Crackers	Oranges Slices & Pretzels
	<i>LUNCH</i>	Spaghetti w/meat sauce Carrots Pears	Chicken Nuggets Mashed Potatoes Peaches	Baked Fish Sticks Applesauce Corn	Turkey Sandwiches Pineapple Tidbits Green Beans	<b>PIZZA FRIDAY!</b> Salad Fruit Cocktail
	<i>PM SNACK</i>	Animal Crackers	Graham Crackers	Cheese Nips	Chex Mix	Gold Fish
<b>March 8-12</b>	<i>BREAKFAST</i>	Wheat English Muffins Assorted Fruit	Pancakes w/Syrup Pears	Cereal w/ Bananas	Waffles w/syrup Mixed Fruit	Cinnamon Rolls Mandarin Oranges
	<i>AM SNACK</i>	Yogurt & Cereal	Cheese Crackers	Cereal Bar	Banana Muffin	Van Wafers & Bananas
	<i>LUNCH</i>	Grilled Cheese Tomato Soup Pears	Beef & Buttered Noodles Green Beans Sliced Apples	Build Your Own Chicken Taco w/lettuce & Cheese Mixed Fruit	Turkey w/ Gravy Mashed Potato Mandarin Oranges	<b>PIZZA FRIDAY!</b> Peaches Corn
	<i>PM SNACK</i>	Wheat Thins	Animal Crackers	Goldfish Crackers	Cheese It Crackers	Chocolate Chip Cookies
<b>March 15-19</b>	<i>BREAKFAST</i>	French Toast Sticks Mixed Fruit	Pancakes Applesauce	Cinnamon Raisin Toast w/ butter Peaches	Blueberry Muffins Pears	Scrambled Eggs Mandarin Oranges
	<i>AM SNACK</i>	String Cheese & Crackers	Goldfish Crackers	Muffins	Bagel w/ Cream Cheese	Yogurt & Toasted O's
	<i>LUNCH</i>	Hamburger on a Bun Salad Applesauce	Macaroni & Cheese Diced Carrots Peaches	Chicken Fingers Corn Pears	Baked Fish Sticks Green Beans Mandarin Oranges	<b>PIZZA FRIDAY!</b> Peas & Carrots Pineapple Tidbits
	<i>PM SNACK</i>	Wheat Thins	Oatmeal Cookies	Graham Crackers	Animal Crackers	Snack Mix
<b>March 22-26</b>	<i>BREAKFAST</i>	Hot Biscuits w/ jelly Applesauce	Waffles Pears	Wheat Mini Bagel Mixed Fruit	Assorted Cereal Bananas	French Toast Sticks w/ fruit
	<i>AM SNACK</i>	Oranges and Crackers	Cheese Crackers	Bananas/Vanilla Wafers	Yogurt & Toasted O's	Cereal Bar
	<i>LUNCH</i>	BBQ Chicken Sandwich Green Beans Pears	Baked Beef Sticks Mashed Potatoes Pineapple Tidbits	Turkey Meatball Corn Applesauce	Spaghetti w/ Meat Sauce Diced Carrots Fruit Cocktail	<b>PIZZA FRIDAY!</b> Salad Peaches
	<i>PM SNACK</i>	Graham Crackers	Wheat Thins	Oatmeal Cookies	Goldfish	Trail Mix
<b>March 29-31</b>	<i>BREAKFAST</i>	Pancakes w/syrup Pears	English Muffin Peaches	Blueberry Muffins Applesauce	/	/
	<i>AM SNACK</i>	Wheat Thins	Cheese Crackers	Sliced Oranges w/ Crackers		
	<i>LUNCH</i>	Beef & Buttered Noodles Carrots Peaches	Chicken Fingers Sliced Apples Mashed Potatoes	Turkey & Cheese Sandwiches Green Beans Pears		
	<i>PM SNACK</i>	Banana Muffins	Graham Crackers	Animal Crackers		